



Medcan's Annual Health Assessment:

The ultimate proactive health management tool

Optimize your health and wellness journey with an Annual Health Assessment, featuring up to 15 personalized diagnostic tests depending on your age, sex and health status. It goes deeper and broader than your average yearly physical to paint a detailed picture of your current health and determine future risks at earlier stages to help you effectively manage and reverse illness and disease.

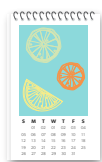
WHAT'S INCLUDED?

A HEALTH AND WELLNESS DEEP-DIVE



You'll receive a head-to-toe evaluation by a range of world-class health experts, including a physician, dietitian, fitness expert and nurse—all over the course of about five hours. In advance of your appointment, you'll have an option to include one or more add-ons to your assessment, including genetic screening, a Cardiovascular Risk Assessment, a Liver Health Assessment and Dermatology services.

Between tests, head to our exclusive lounge for a nutrient-packed breakfast or lunch, snacks and beverages—courtesy of Nourish by Medcan.



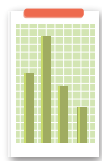
SAME-DAY RESULTS AND INSIGHTS

Your experience includes a private one-on-one consultation with a Medcan physician—one of the most valuable aspects of our Annual Health Assessment. Together you'll review your results to determine which areas of your health can be improved upon through lifestyle changes, and which may require further medical attention.



UNPARALLELED POST-CARE

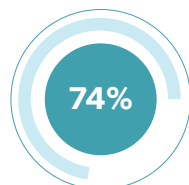
Should any health concerns arise during your assessment, we'll either book an appointment for you with a Medcan specialist or refer you to a preferred specialist in your community. If your physician recommends it, we can also connect you to respected health experts at top global healthcare centres—including Johns Hopkins in the United States—following your assessment.



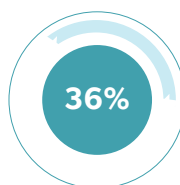
SIMPLE AND ACTIONABLE REPORTING

Your assessment results will be available through myMedcan—our secure online portal—in the days following your assessment.

OF THE 20,000 ANNUAL HEALTH ASSESSMENTS THAT MEDCAN PERFORMS EACH YEAR:



had at least one
recognized risk
factor discovered*



had at least one
unrecognized
condition
diagnosed*



were diagnosed
with a serious
medical condition*

GET THE CRITICAL INFORMATION YOU NEED TO PREVENT AND MANAGE DISEASE.

To schedule your Annual Health Assessment, get in touch with our Client Service team at **416 350 3621** or **clientservice@medcan.com**.

*Medcan data, 2015-2017.